



# Participant's Manual

**UK NEQAS for Trace Elements** 

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#### 1. Schemes Provided

Scheme	Analytes
Accredited Programmes	
Serum trace elements	Aluminium, chromium, cobalt, copper, selenium, zinc.
Whole blood trace elements	Arsenic, cadmium, chromium, cobalt, lead, manganese, mercury, selenium, thallium.
Urine trace elements	Arsenic, cadmium, chromium, cobalt, copper, iron, lead, manganese, mercury, nickel, selenium, thallium, zinc.
Non-Accredited Programmes	
Whole blood trace elements	Magnesium, zinc.
Water and dialysis fluids	Aluminium
(For educational purposes only)	
Solid Matrix	Copper, iron.
(For educational purposes only)	

# 2. Background and Aims

The UK NEQAS for Trace Elements external quality assessment scheme operates from Guildford, Surrey in the United Kingdom from a laboratory within the Royal Surrey Hospital. The Scheme is managed and administered by staff employed by Royal Surrey Hospital NHS Foundation Trust. The scheme is part of Berkshire and Surrey Pathology Services (BSPS), the over-arching organisation that manages the various individual pathology departments that operate across the Foundation Trusts involved in the BSPS partnership: Ashford and St Peter's Hospital (ASPH), Surrey and Sussex Healthcare (SASH), Frimley Health (FH), Royal Berkshire Hospital (RBH) and Royal Surrey (RSFT). The legal entity for the scheme is Frimley Health NHS Foundation Trust.

Specimens are sent from Guildford to UK and overseas participants by mail or courier service. Results are returned by logging onto a web-based system using a unique username and password, and the reports are available to download from the same website. Communication with the scheme via email (rsc-tr.Guildford-EQA@nhs.net) is the preferred option.

UK NEQAS
For Trace Elements

The aims of UK NEQAS for Trace Elements are consistent with the intentions of UK NEQAS, to:

- provide professionally-led and scientifically-based schemes with a primarily educational objective
- provide regular distributions of specimens
- provide rapid feedback of performance
- support participants where problems occur
- stimulate the overall improvement in performance among all participating laboratories

#### 3. Address and Communication

**UK NEQAS for Trace Elements** 

**Clinical Laboratory** 

Royal Surrey Hospital

**Egerton Road** 

Guildford

Surrey

GU2 7XX

**United Kingdom** 

Telephone: + 44 (0) 1483 571122 ext. 3611

Email: rsc-tr.guildford-eqa@nhs.net

Opening Hours: 9:00 - 17:00 (UK time) with the exception of the bank and public holidays

An information web site for the scheme exists at www.ukneqasgphte.org.uk

The website for reporting a result is www.birminghamquality.org.uk

A website for the UK NEQAS organisation and which also gives specific information for certain UK NEQAS Centres and Schemes, including this scheme is at www.ukneqas.org.uk

Information about the SAS Trace Elements Laboratory at Guildford may be found at

https://www.berkshireandsurreypathologyservices.nhs.uk/dept-info-tests/



**Please quote your participant number in all communications with the Scheme**. If no response is received within 5 working days please make contact again as the email communication may have been lost.

# 4. Staffing

Dr Gwen Wark	Tel + 44 (0) 1483 406715
Scheme Director	Email: gwen.wark@nhs.net
Dr Chris Harrington	Tel + 44 (0) 1483 571122 ext. 3620
Scheme Deputy Director	Email: chris.harrington1@nhs.net
Dr Godwin Tetteh	Tel +44 (0) 1483 571122 ext. 3611
Scheme Manager	Email: godwin.tetteh@nhs.net
Mr Stuart Kerr	Tel + 44 (0) 1483 571122 ext. 3611
Medical Technical Officer 2	Email: stuart.kerr4@nhs.net
Ms Yasmin Smith	Tel + 44 (0) 1483 571122 ext. 3611
Medical Laboratory Assistant	Email: Yasmin.Smith15@nhs.net
Mr Lemuel Lewis Ronald	Tel + 44 (0) 1483 571122 ext. 3611
EQA Quality Manager	Email: lemuel.lewis@nhs.net

# 5. Accreditation and Recognition

The schemes were formally recognised by the Joint Working Group for Quality Assurance according to the criteria developed for EQA providers in 1993. These have been superseded by the EQA accreditation standards of Clinical Pathology Accreditation (UK) Ltd. The schemes were fully accredited by CPA in 2000 and have been successfully re-assessed thereafter. In 2015 the blood, serum and urine programme were first assessed and gained accreditation to ISO 17043:2010. The scheme achieved accreditation to ISO 17043:2023 at the start of 2025. UK NEQAS for Trace Elements is a UKAS accredited proficiency testing provider, UKAS No. 7496. Element/matrix combinations with <=11 participants should be considered as out-with the scope of our accreditation. Currently, this is whole blood magnesium and whole blood zinc.

The solid matrix and aluminium in water programmes are for educational purposes only and are not accredited to ISO 17043:2023.

# 6. Participation

### 6.1 Eligibility

The UK NEQAS for Trace Elements external quality assessment scheme is designed principally for laboratories serving clinicians and patients. Initially established for UK hospital laboratories there are now many non-UK health care participants, research laboratories and other establishments that

take part in the scheme. All UK clinical service laboratories who are participants in the scheme must

agree to current Joint Working Group (JWG) Conditions of Participation (see Appendix 1). By

returning a completed registration form, participants are deemed by the scheme management to

have agreed to these conditions of participation.

Participants should note that data generated by the scheme are the copyright of UK NEQAS for Trace

Elements. Reports may only be distributed, published or used for publicity and promotion with the

written consent of the Scheme Organizer. Permission for scientific use of reports and scheme data

will not be unreasonably withheld but please ask in advance.

**6.2 Enrolment** 

Intending participants should contact the scheme for enrolment documents which include:

Registration Form

Method Selection Form

• A schedule of specimen dispatch dates

Potential participants will only be enrolled on the scheme once a completed registration form AND

a completed method selection form for the analytes/matrices they require has been received.

Although the main blood, serum and urine programmes operate a succession of six-monthly cycles

which commence in April and October each year, it is possible for participation to begin at the first

distribution after receipt of a completed registration form. Charges will be applied on a pro-rata

basis.

**6.3 Participant numbers** 

Each participant is assigned a unique number which should be common for each UK NEQAS scheme

that the laboratory is enrolled in.

Please quote your participant number in all communications with the Scheme.

6.4 Confidentiality

The fact of participation, raw data and performance scores are confidential between the individual

laboratory and the Scheme staff. For UK laboratories providing services to NHS organisations,

performance scores (and some relevant raw data) may be shared with the Advisory Panel under

defined circumstances (see Appendix 1) as part of the reporting of persistent poor performance.

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JK NEQAS

The EQA schemes operated by UK NEQAS for Trace Elements participate in the United Kingdom EQA

Governance and Assurance Framework. This framework is a collaboration between EQA providers,

the Royal College of Pathologists (RCPath), professional bodies and regulatory organisations. As part

of this framework any issues of persistent poor performance (PPP) identified in UK clinical

laboratories will be reported to the relevant National Quality Assurance Advisory Panels (NQAAPs)

for the benefit of patient safety. As per the NQAAP terms of reference (document WS10904) a

holistic approach to responding to PPP will be undertaken to ensure cross system performance is

monitored. This will be achieved by requesting any laboratories that are identified to provide details

to the NQAAP of their EQA performance in other areas and this will be shared with other NQAAPs

and Quality Assurance in Pathology Committee (QAPC) as appropriate.

Reporting of performance issues will involve disclosure to the relevant NQAAP of your head of

department, laboratory name, address and healthcare organisation, together with methodological

and EQA performance information. Any details provided to the NQAAP will be securely shared with

other NQAAPs and the QAPC.

6.5 Charges

The scale of charges is published annually and is available on request. The charging period is 1st

April to 31st March and participation for part of a year will be charged pro-rata. All financial matters

are managed by Frimley Health NHS Foundation Trust who arranges invoicing for the services

provided. The financial details for payment are as follows:

For all laboratories:

Bank account name - Frimley Health NHS Foundation Trust

Bank name - Lloyds TSB, 19-23 Obelist Way, Camberley, Surrey, GU16 3SE

**Sort code** - 30-91-53

**Account No** - 01198646

Extra information for overseas laboratories:

Bank ID - Identifier Code Loyd GB21141 (the words 'Identifier Code' does need to be quoted and

spelling 'Loyd' with one 'L' is correct)

IBAN No - GB96LOYD30915301198646

Swift Code - LOYD GB2L

7. Specimens

7.1 Types

Specimens are prepared using serum, whole blood, urine, dialysis fluids and deionised water as the

base material. The solid matrix specimens are prepared using lyophilised, powdered muscle, tissue

and other materials. Where possible, each matrix is spiked with trace elements to a level that

reflects those found in clinical and occupational monitoring. Low levels of nutritional elements can

be hard to achieve due to the endogenous concentration of elements in the material. In some

instances specimens may be spiked with interferences that are found in clinical or occupational

settings, so that participants may test the accuracy of their procedures and the methods used to

overcome such interferences. In this case the participants' performance for this specimen may not

be scored, but will be used for educational purposes.

7.2 Sources

Serum: New born bovine calf serum is obtained from Life Technologies.

Blood: Sterile equine blood, is collected and stored with EDTA as anticoagulant and is obtained from

TCS Biosciences Ltd.

*Urine*: Human urine from anonymised surplus pathological 24hr urine collections.

Dialysis fluid and Water: Dialysis fluid concentrate is purchased from Fresenius Medical Care.

Solid matrix: European Reference Material, lyophilised and powdered muscle, tissue and other

materials are obtained from IRMM, Geel, Belgium.

7.3 Preparation and treatment

Serum: New-born calf serum is chelexed for 7hrs then centrifuged for preparation of six serum

pools. Five are supplemented with Al, Cr, Co, Cu, Se and Zn, the sixth serves as an endogenous pool

and the ALTM values determined for this pool are used in the statistical calculations and to check

spike recoveries. The serum is transferred to volumetric flasks which are mixed and dispensed into

labelled tubes.

Blood: Equine blood is thoroughly mixed and transferred to volumetric flasks for the preparation of

six blood pools. Five pools are supplementation with As, Cd, Cr, Co, Pb, Mg, Mn, Hg, Se, Tl and Zn.

The sixth serves as an endogenous pool and the ALTM values determined for this pool are used in

the statistical calculations and to check spike recoveries. The blood pools are mixed and dispensed

into labelled tubes.

Urine: Human urine is acidified with concentrated nitric acid to a final volume of 1% and then kept

at approximately -20 °C for at least 24 hours. After thawing to room temperature the urine is filtered

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to remove precipitates, placed into volumetric flasks for the preparation of six urine pools. For five

pools the concentrations of As, Cd, Cr, Co, Cu, Fe, Pb, Mn, Hg, Ni, Se, Tl and Zn are augmented as for

elements in serum or blood. The sixth serves as an endogenous pool and the ALTM values

determined for this pool are used in the statistical calculations and to check spike recoveries. The

pools are mixed and dispensed into labelled tubes.

Dialysis fluid and water: Dialysis concentrate 2.8 ml, is pipetted into a 100 ml volumetric flask

containing aluminium-free water. Nitric acid, 1 ml, and a solution of Al to increase the final

concentration by a pre-determined amount, are added, made to volume with deionised water and

thoroughly mixed. Water specimens are similarly prepared except for omission of the dialysis

concentrate.

Solid Matrix: Lyophilised sample is dried to constant weight before weighing aliquots of

approximately 0.005 g into 2 mL tubes. Samples may be supplemented with Cu and Fe.

Serum, blood and urine specimens are subjected to gamma-irradiation (25-38 kilogray) to destroy

any bacterial contamination that may have occurred during preparation. These specimens are

stored between 2.5°C and 7.5°C until dispatch.

The homogeneity and stability of sample batches have been demonstrated for representative

batches of samples and this is checked on an ongoing basis.

7.4 Safety precautions

The procedures employed for the preparation and treatment of specimens should ensure that there

are no risks associated with their use. However, as for all clinical material, EQA samples should be

handled with the same precautions as are normally adopted in the handling of patient specimens.

Appropriate precautions should be used during receipt, storage, preparation for analysis and their

disposal.

8. Operation

8.1 Distribution cycle

For each annual cycle of the blood, serum and urine programme, a total of twelve pools are

prepared as described above, resulting in a total of six pools for each of the 6 monthly dispatches.

Two specimens are analysed every month and each pool is sent for analysis on two different

occasions. Thus, the cycle provides 24 specimens with duplicate measurements on the 12 pools.

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EQATE-RSFT-MAN-2 | Version: 12.12 | Authorised By: Godwin Tetteh | On 22-Sep-2025

The dialysis fluid and water specimens are prepared fresh each month and do not follow a fixed

term cycle. The solid matrix samples are dispatched in a quarterly cycle providing 2 specimens for

analysis in each distribution (2 solid samples requiring digestion). Distribution schedules for all

schemes are available on the scheme website.

8.2 Mailing, storage and testing

Specimens for the blood, serum and urine are despatched as liquid samples and sent to the

participants by post or courier at ambient temperature. Laboratories are requested to analyse

samples for the first month as soon as possible after receipt and to store the other specimens until

the appropriate time, at a temperature of at least -20 °C. Once thawed the specimens should reach

room temperature and be thoroughly mixed prior to analysis (this is particularly important for the

whole blood samples). The dialysis fluid and water specimens are sent monthly, immediately after

preparation and should be analysed as soon as possible after receipt. Precaution should be taken

on opening against contamination of the samples by dust containing Al. The solid matrix scheme

samples dispatched are lyophilised powdered samples. The specimens should be stored at 18°C ±

5°C. Care should be taken when opening the solid powdered samples so as not to lose any of the

sample from the low mass distributed. As much as possible of the sample should be weighed and

digested using the laboratory procedures usually used for patient samples.

Special arrangement may be made for overseas participants if delivery delays or other problems

have been experienced. A schedule of specimen despatch dates is provided each year upon

registration. Participants should expect to receive samples within 7 days of the dispatch date, but

overseas participants may experience longer delays up to 3 weeks. If samples have not been

received by the start of the first distribution in the set please get in contact with the scheme (section

3).

All packages are posted following the IATA guidelines.

The proficiency testing specimens should be tested in the same manner as the majority of routine

samples that the participant laboratory receives for analysis. The method group is displayed on the

report and should be kept up to date. The method can be updated on the reporting website by

pressing the "method" button in the UK NEQAS for Trace Elements row or by e-mailing us the

updated information. The specimens should be defrosted, allowed to reach room temperature and

then thoroughly mixed before aliquoting the sample out for testing. The participant should use the

same instrumentation and calibration methods that are used for the patient samples that they test.

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8.3 Results documents

For the monthly Scheme participants should use their own form for recording their results, in the

same way that they do for normal patient samples e.g. units and decimal places the same.

For the aluminium, and solid matrix schemes, result forms carrying the participation code number

and showing the date by which results must be returned are sent with the specimens. Participants

can use their own forms for sending in results but should make sure that there is no ambiguity

concerning the units of concentration.

8.4 Reporting procedures

For the blood, urine and serum scheme, results should be reported using the password-protected

website facility: UKNEQAS (www.birminghamquality.org.uk). Where this is not possible results may

be returned by post or email to the Scheme office. Please make sure that results are written clearly

and that decimal points are shown as there can be loss of clarity when scanned. Results received

after the 'return by --' date will be included provided the reporting software has not yet been

initiated. By the discretion of the Scheme Manager, Deputy Director or Director, other late results

returned after the interim report has been issued, will be entered so that they contribute to the

average Z-scoring.

Where the result is less than the limit of quantification (LOQ) of the assay it is recommended that

the result is entered as "<LOQ value" (eg. if the LOQ = 1 then the result would be entered as "<1")

rather than entered as 0 or as the LOQ value. The software is unable to process non-numeric data,

so any participant returns containing alpha numeric entries e.g. "<value" will be excluded from the

data set.

The on-screen report shows the date and time when the report was authorised. Reports issued

within 5 working days of the reporting deadline and up to 1 month following the reporting deadline

are interim reports. A final report will be issued on the same day as the next month's interim report.

For this reason amendments to results will only be accepted up to one month after close of the

distribution. Amendments will not usually be accepted following publication of the final report (see

section 11.1 Blunders and Amendments to results).

For the aluminium, and solid matrix scheme samples, results should be returned to the office by the

closing date of the distribution.

Legal entity host: Frimley Health NHS Foundation Trust

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Null returns, i.e. a positive statement that no results are available, should be made when there are

situations such as; no patients' samples available to analyse, instrument or staffing problems.

9. Data Processing

9.1 Assigned concentrations

In most situations the all laboratory trimmed mean (with data outside of 3 standard deviations

removed) and standard deviation are used to represent the assigned concentration. These data

have been demonstrated to represent a close approximation to the true value. However, where the

number of participants in a particular element/matrix combination is <=11, then Algorithm A will be

used to calculate the statistical parameters shown in the report. This is described further in ISO

13528 Annex C3 Robust Analysis: Algorithm A.

Please note that participant performance will not be assessed when p<=11 and a comment will be

added to the report to this effect "the minimum number of participants for performance evaluation

is 11. When participation levels are 11 or less, performance will not be assessed. The values shown

are for information only and not used to assess performance. The scoring of an element/matrix

combination with <=11 participants should be considered as out-with the scope of our current

accreditation. "

9.2 Validity of targets

Targets are checked at intervals by comparison with the recoveries of added analytes. Further work

is undertaken from time to time with measurements of Certified Reference Materials, where

traceability to a primary standard is possible, and by examination of results from reference

laboratories.

9.3 Surveillance

As each distribution is processed, Organisers carefully check the resulting data. If you suspect that

we have made an error, let us know immediately. It is important that we can act speedily and

improve the way in which we manage the organisation.

10. Reports

10.1 Overview

Results reported by participants are downloaded from the website and entered into a computer

programme for calculation of the robust mean and standard deviation, median and coefficient of

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variation for each of the matrix/analyte/specimen combinations. Unique monthly reports are

prepared for each participant which show these values and also gives the participants own results

and histogram displays of the distributions of results (Appendix 2). A performance score (z-score)

is produced to accompany the report (see below). An email is automatically sent to all registered

participants notifying them when a distribution opens and when it closes and reports are available

for download. Participants can access a copy of their report via the website using their own

password within 5 working days of the result submission deadline. Where this is not possible, copies

can be printed at the Scheme Office and posted or emailed as pdf files to participants. The on-screen

report shows the date and time when the report was authorised. Reports issued within 5 working

days of the reporting deadline and up to 1 month following the reporting deadline are interim

reports. A final report will be issued on the same day as the next month's interim report. For this

reason amendments to results will only be accepted up to one month after close of the distribution.

Amendments will not be accepted following receipt of the final report (see section 11.1 Blunders

and Amendments to results).

An annual report is prepared within one month of the close of the final distribution in March of each

year. This is made available for download from the website by each participating laboratory and

includes the final data set after all corrections and amendments have been made.

10.2 Performance scores: Z-scoring

Measurements of performance are based on deviations of results from target values. These

deviations are used to calculate a Z-score.

As external quality assessment has developed, various organisations have produced documents that

summarise best practice. Those from authoritative international bodies include:

ISO 17043 (Conformity assessment - General requirements for proficiency testing).

ISO 13528 (Statistical methods for use in proficiency testing by interlaboratory

comparisons).

• IUPAC (The international harmonized protocol for the proficiency testing of analytical

chemistry laboratories, Pure Appl. Chem. 2006; 78: 145–196, 2006).

All these documents recommend that assessment of performance should be based upon calculation

of a Z-score (or a derivative which takes uncertainty into consideration). Z-scores are now widely

used in EQA schemes around the world including other sectors in the UK.

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The Z-score is calculated as

 $x - X / SD_{PT}$ 

where x = laboratory result,

X = target value and

 $SD_{PT}$  = standard deviation for proficiency testing (also represented as  $\sigma$ )

The 'standard deviation for proficiency testing' is set by the scheme director but should ideally be a value that will allow the score to demonstrate whether or not the performance is fit for the purpose for which the assay is being used. It is recommended that this value be set so that a Z-score of up to ±2 indicates acceptable performance and a score of more than ±3 indicates unsatisfactory performance.

For the Trace Elements EQAS we have used quality specifications based on biological variation for the 'standard deviation for proficiency testing'. The determination of these quality specifications is described in Arnaud et al. Clinical Chemistry 2008; 54: 1892-9. For assays where there is insufficient data to prepare specifications in this way we have produced values that are related to performance within the scheme during recent years. All have been approved by the scheme Specialist Advisory Group.

The quality specifications and their corresponding  $SD_{PT}$  are shown in the table below. These are presented as either a percentage of the target value or a fixed value depending on the concentration of the target value, and the one used is whichever is the greater. This allows for the increase in imprecision at low concentrations and conforms to a 'funnel' shape as seen in the accompanying figure. The concentration at which the change from percentage to fixed value takes place (inflection point) is given by:

Inflection point = (fixed concentration/fixed percentage) \* 100

Matrix-Analyte	Scheme Units	Quality specification		SD <sub>PT</sub>		Inflection Point
		%	fixed	%	fixed	
Serum						
Aluminium	μmol/L	20	0.19	10	0.095	0.95
Chromium	nmol/L	20	40	10	20	200
Cobalt	nmol/L	15	25	7.5	12.5	167
Copper	μmol/L	12	0.84	6	0.42	7
Selenium	Selenium µmol/L		0.072	6	0.036	0.60
Zinc	μmol/L	15	1.2	7.5	0.6	8



Blood						
Arsenic	nmol/L	12.5	25	6.25	12.5	200
Cadmium	nmol/L	10	3	5	1.5	30
Chromium	nmol/L	20	40	10	20	200
Cobalt	nmol/L	20	25	10	12.5	125
Lead	µmol/L	10	0.145	5	0.0725	1.50
Magnesium	mmol/L	7.2	0.01	3.6	0.005	0.14
Manganese	nmol/L	15	75	7.5	37.5	500
Mercury	nmol/L	15	10	7.5	5	67
Selenium	µmol/L	12	0.072	6	0.036	0.60
Thallium	nmol/L	25	0.05	12.5	0.025	0.20
Zinc	µmol/L	10	1.5	5	0.75	15
Urine						
Arsenic	nmol/L	12.5	25	6.25	12.5	200
Cadmium	nmol/L	25	1	12.5	0.5	4
Chromium	nmol/L	20	60	10	30	300
Cobalt	nmol/L	15	25	7.5	12.5	167
Copper	µmol/L	20	0.25	10	0.125	1.25
Iron	µmol/L	15	4	7.5	2	27
Lead	nmol/L	15	25	7.5	12.5	167
Manganese	nmol/L	25	10	12.5	5	40
Mercury	nmol/L	25	23	12.5	11.5	92
Nickel	nmol/L	7.5	25	3.75	12.5	333
Selenium	μmol/L	25	0.3	12.5	0.15	1.20
Thallium	nmol/L	5	2.5	2.5	1.25	50
Zinc	µmol/L	20	1	10	0.5	5

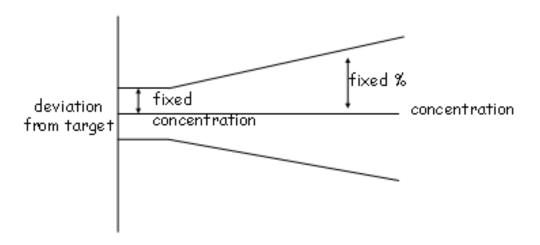
NB the quality specifications for urine cadmium and mercury, and blood cadmium and mercury where updated by the Specialist Advisory Group for Trace Elements at a meeting on 19<sup>th</sup> April 2017. The quality specifications for urine lead were updated by the Specialist Advisory Group for Trace Elements at a meeting on 27<sup>th</sup> November 2024.



#### **Examples:**

A blood sample has a lead concentration of 2.0  $\mu$ mol/L. The SD<sub>PT</sub> could be 0.1  $\mu$ mol/L (±5%) or 0.0725  $\mu$ mol/L (fixed value). As 0.1 is the greater value this would be used. For a laboratory reporting a result of 2.2  $\mu$ mol/L the calculation would be (2.2-2.0)/0.1, and the z-score is +2.00.

A serum samples has a zinc concentration of 5.0  $\mu$ mol/L. The SD<sub>PT</sub> could be 0.375  $\mu$ mol/L (±7.5%) or 0.6  $\mu$ mol/L (fixed value). As 0.6 is the greater value this would be used. For a laboratory reporting a result of 5.5  $\mu$ mol/L the calculation would be (5.5-5.0)/0.6, and the z-score is +0.83.



Explanatory resources related to the use of z-scores and how to understand them are contained in a number of Technical Briefs, which are freely available on the Royal Society of Chemistry, Analytical Methods Committee website <a href="https://www.rsc.org/membership-and-community/connect-with-others/through-interests/divisions/analytical/amc/technical-briefs/">https://www.rsc.org/membership-and-community/connect-with-others/through-interests/divisions/analytical/amc/technical-briefs/</a>

#### Technical Briefs of interest include:

- No 11 2002: Understanding and acting on z-scores obtained in proficiency testing schemes.
- No 16 2004: Proficiency testing (PT): assessing z-scores in the longer term.
- No 18A 2008: What is PT? A guide for end users of chemical data.
- No 68 2015: Fitness for purpose: the key feature in proficiency testing.
- No 74 2016: Z-scores and other scores in chemical proficiency testing.

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For Trace Elements

10.3 Monthly reports

In addition to the descriptive statistics and histogram the monthly report shows a monthly z-score

and the z-score performance, as well as the specimen bias vs. concentration, over the previous 12

months of the scheme. The reports can be downloaded from the UKNEQAS website

www.birminghamquality.org.uk or https://results.ukneqas.org.uk/.

10.4 Collusion

It is a requirement of participation that results may not be shared among participants before reports

have been issued (ISO 17043:2023; 7.2.1.3.i). In the event of collusion being suspected the

laboratory will be asked to provide evidence that their results are genuine. If confirmed and there

is no adequate explanation, the head of department and/or employing authority may be informed

10.5 Access to reports

Reports are accessed though the Birmingham quality results and reporting website

https://results.ukneqas.org.uk/ or through www.birminghamquality.org.uk. Whilst registered on

the scheme, reports will be available on the website for a minimum of 5 years (usually longer). Once

a laboratory leaves the scheme, full access will remain for 3 months. After 3 months EQA reports

will still be accessible but the laboratory will not be able to access any other information on the site.

After 12 months the laboratory will not able to review reports and access is removed. It is

recommended that these reports are downloaded within 12 months of leaving the scheme to keep

them available.

11. Performance

11.1 Blunders and amendments to results

These are defined as errors, which may or may not be detected as outliers and a record is kept by

the scheme of blunders that occur. Participants are allowed one blunder per scheme year.

Depending on the circumstances and risk relating to the any further blunders, they may be

considered poor performance. Blunders may be due to:

assaying the wrong samples

assaying the right samples in the wrong order

• Incorrectly transcribing laboratory results from computer systems or worksheets to the

results document

• use of incorrect units and/or conversion factors

• technical errors e.g. incomplete mixing after thawing, faulty sampling/pipetting, incorrect

preparation of calibration solutions etc.

Such errors will be corrected in most circumstances, so that they do not confuse the underlying

assay performance. However, the fact that blunders have occurred will be recorded separately. The

policy on blunder correction is:

1. Amendments prior to the reporting deadline. Amended copies of already entered results should

be clearly marked "Amended Copy" with the change unambiguously highlighted and returned to

us by email.

2. Amendments up to 2 working days after the reporting deadline. Please telephone or email to

explain the problem. Results can usually be amended and an updated report produced.

These should be reported in writing with an explanation for the reason for any amendment.

Where investigation reveals the cause of the error and repeat results are available, correction of

the original results is permissible. A copy or screen print of the experiment with evidence of the

original results and analysis date will be requested. However, the fact that incorrect results were

reported will be recorded as a blunder.

3. Amendments up to 1 month after receipt of reports. These should be reported in writing with

an explanation for the reason for any amendment. Where investigation reveals the cause of the

error and repeat results are available, correction of the original results is permissible. A copy or

screen print of the experiment with evidence of the original results and analysis date will be

requested. However, the fact that incorrect results were reported will be recorded as a blunder.

4. After 1 month following the reporting deadline a final report will be issued. Once a final report

has been issued amendments to results will not be accepted. Only in exceptional circumstances

will amendments be considered, however these will be made under discretion of the Scheme

Manager or Director.

5. Amended reports will be given a unique identification with reference to the original report and

include a statement concerning the reason for the amendment.

11.2 Performance criteria

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A laboratories performance is assessed using the z- scores shown on the monthly reports and the

number of participant blunders. More than one blunder in a scheme year may be considered poor

performance. Scores of > ±2 indicate action is required to bring the method under control

11.3 Performance surveillance, the Advisory Panel and persistent poor performance

The poor performance criteria is as follows:

• 3 or more z-scores greater than 2 from the last 6 samples (ie covering a time span of 3

months) or,

2 or more z-scores greater than 3 from the last 4 samples (ie covering a time span of 2

months).

More than one blunder per scheme year. The nature of all the blunders after the first has

occurred will be assessed by the Scheme Manager and Scheme Director to determine if it

should be considered poor performance.

The organisers will make informal contact with any UK NHS participant so identified and offer to

assist in any work undertaken to rectify the problem. If performance fails to improve the organisers

may notify the Chairman of the National Quality Assurance Advisory Panel for Clinical Chemistry

who will follow up the situation as described in Appendix 1.

12. Comments, Complaints and Appeals

The on-line results documents include a section in which participants may include comments or

remarks for the attention of the organisers. While these will generally refer to the samples or to

analytical difficulties experienced by the participant any observation, at any time, is welcomed. The

organisers also solicit comments when sending the annual registration forms and on various other

occasions. The following criteria have been approved by the Scheme Steering Committee and the

Advisory Panel (for memberships of these groups see our website at http://surreyeqas.org.uk/).

Complaints about any aspect of the scheme, whether scientific or operational are normally dealt

with by the Scheme Manager or Director according to a written Complaints and Appeals Procedure.

In the event of problems relating to day to day operational matters, please have at hand your

participant number, the distribution date and specimen numbers. We will endeavour to rectify

problems as soon as possible.

Legal entity host: Frimley Health NHS Foundation Trust

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Participants may prefer to address comments or complaints, including an appeal against assessment

of performance, to any member of the Scheme Steering Committee (the UK NEQAS Specialist

Advisory Group for Trace Elements), the Steering Committee for Clinical Chemistry or the National

Quality Assurance Advisory Panel for Chemical Pathology. Our website at

http://ukneqasgphte.org.uk gives the current memberships of these Committees.

The Scheme Manager and/or Director shall follow up on the initial response with a thorough

investigation of all aspects of the problem. He or she is ultimately responsible for ensuring that

appropriate corrective action has been taken.

13. Sub-contracted Services

Various aspects of the proficiency test scheme can from time to time be sub-contracted. When

sub-contracting occurs it is placed with a competent sub-contractor and the proficiency testing

provider is responsible for this work.

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# Appendix 1: UK Governance and Assurance Framework for Quality Assurance: Conditions of EQA Scheme Participation

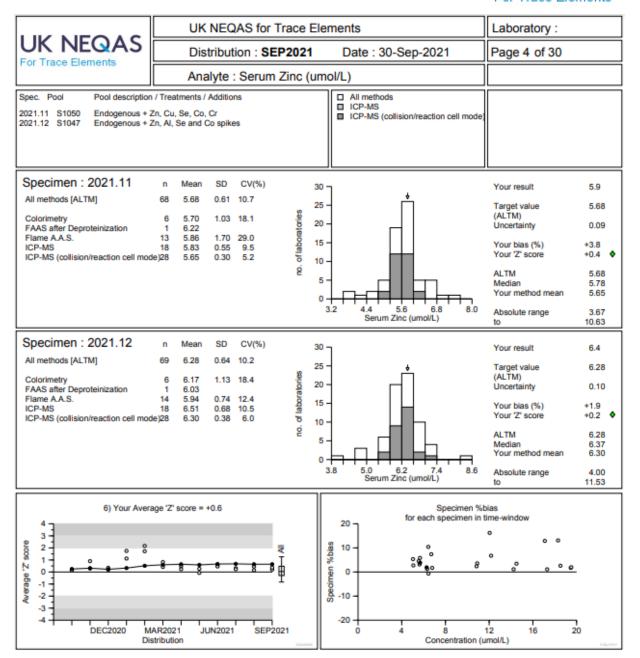
For the current conditions of the UK EQA governance and Assurance Framework, please visit their website (<a href="https://www.rcpath.org/profession/patient-safety-and-quality-improvement/technical-eqa.html">https://www.rcpath.org/profession/patient-safety-and-quality-improvement/technical-eqa.html</a> in particular WS10904 NQAAP terms of reference) where the conditions are available to view.



# Appendix 2a: Example of a Report, Serum Trace Elements

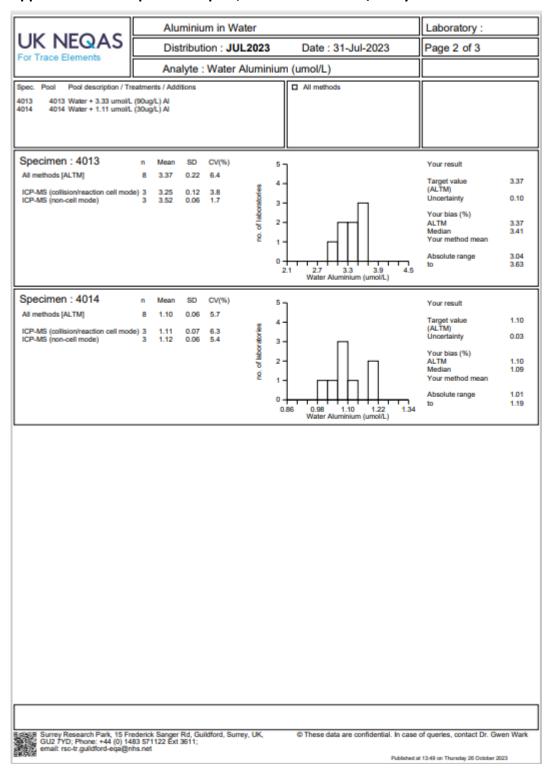
UK NEQAS For Trace Elements			UK NEC	AS for Ti	race Elem	nents	Laboratory :		
			Distribut	ion : SEP	Page 2 of 30				
Tor Trace Eler	iidita		Distribut	ion Sumn					
	Specimen	Result	Target	Bias(%)	Z-score	Uncertainty			
Serum Zinc (umol/L)	2021.11 2021.12	5.9 6.4	5.68 6.28	+3.8 +1.9	0.4 <b>♦</b>	0.09 0.10			
Serum Copper	2021.11	11.6	11.30	+2.7	0.4 <b>♦</b>	0.11			
(umol/L)	2021.12	9.9	10.01	-1.1	-0.2 <b>♦</b>	0.11			
Serum Aluminium	2021.11	0.43	0.40	+6.6	0.3 <b>♦</b>	0.01			
(umol/L)	2021.12	1.54	1.50	+2.4	0.2 <b>♦</b>	0.03			
Serum Chromium (nmol/l)	2021.11 2021.12	166 32	146.57 26.82	+13.3 +19.3	1.0 <b>♦</b> 0.3 <b>♦</b>	5.17 1.37			
Serum Selenium	2021.11	2.67	2.53	+5.5	0.9 <b>♦</b>	0.03			
(umol/L)	2021.12	1.01	1.03	-1.6	-0.3 <b>♦</b>	0.02			
Serum Cobalt	2021.11	36	34.03	+5.8	0.2 <b>♦</b>	0.81			
(nmol/l)	2021.12	19	18.49	+2.8	0.0 <b>♦</b>	0.45			
Blood Lead	2021.11	1.96	1.98	-1.2	-0.2 <b>♦</b>	0.03			
(umol/L)	2021.12	0.49	0.49	-0.1	-0.0 <b>♦</b>	0.01			
Blood Arsenic	2021.11	465	446.26	+4.2	0.7 <b>♦</b>	8.85			
(nmol/l)	2021.12	232	229.78	+1.0	0.2 <b>♦</b>	5.33			
Blood Manganese	2021.11	147	121.9	+20.6	0.7 <b>♦</b>	4.2			
(nmol/l)	2021.12	159	141.0	+12.8	0.5 <b>♦</b>	5.9			
Blood Cadmium (nmol/l)	2021.11 2021.12	88 65	85.84 62.46	+2.5 +4.1	0.5 <b>♦</b> 0.8 <b>♦</b>	1.63 1.32			
Blood Chromium	2021.11	102	89.85	+13.5	0.6 <b>♦</b>	2.48			
(nmol/l)	2021.12	20	20.11	-0.6	-0.0 <b>♦</b>	1.21			
Blood Thallium (nmol/l)	2021.11 2021.12	<1 27	0.04 27.16	-0.6	-0.0 ♦	0.01 0.41			
Blood Cobalt	2021.11	16	14.19	+12.8	0.1 <b>♦</b>	0.33			
(nmol/l)	2021.12	202	191.44	+5.5	0.6 <b>♦</b>	2.45			
Blood Mercury	2021.11	135	134.80	+0.1	0.0 <b>♦</b>	3.40			
(nmol/l)	2021.12	158	161.80	-2.3	-0.3 <b>♦</b>	4.49			
Urine Mercury	2021.11	208	240.21	-13.4	-1.1 <b>♦</b>	8.00			
(nmol/l)	2021.12	13	17.07	-23.9	-0.4 <b>♦</b>	0.62			
Urine Chromium	2021.11	87	96.56	-9.9	-0.3 <b>♦</b>	3.89			
(nmol/l)	2021.12	8	8.68	-7.8	-0.0 <b>♦</b>	0.51			
This is an interim report -The "FiNAL" report will be available at the close of the next distribution Frimley Health NHS Foundation Trust, operating UK NEQAS for Trace Elements (7496): Accredited to ISO/IEC 17043:2010									
Surrey Rese	for Trace Elemearch Park, 15 F Phone: +44 (0) 1 guildford-eqa@	Frederick S	Sanger Rd, Gu 22 Ext 3611	ildford, Surre	y, UK,	email: rsc-tr.guildford-eqa@nhs.ne	e of queries, contact Godwin Tetteh et		



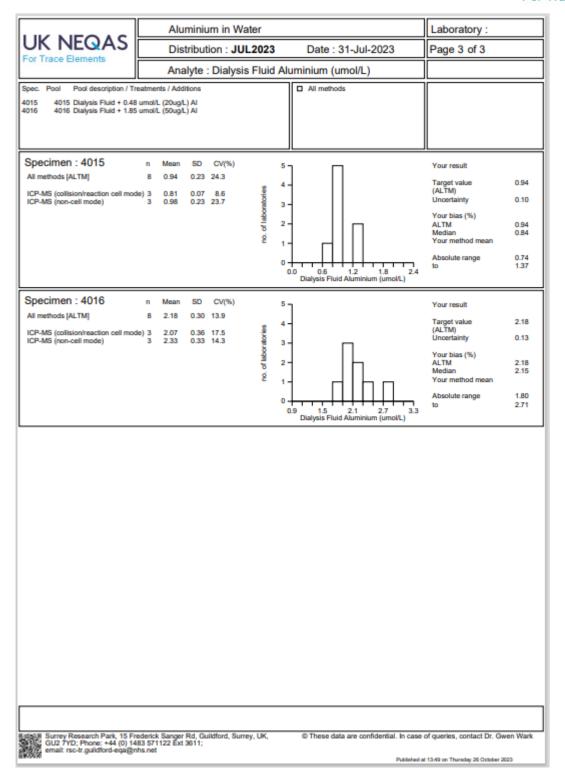




# Appendix 2b: Example of a Report, Aluminium Water / Dialysis Fluid

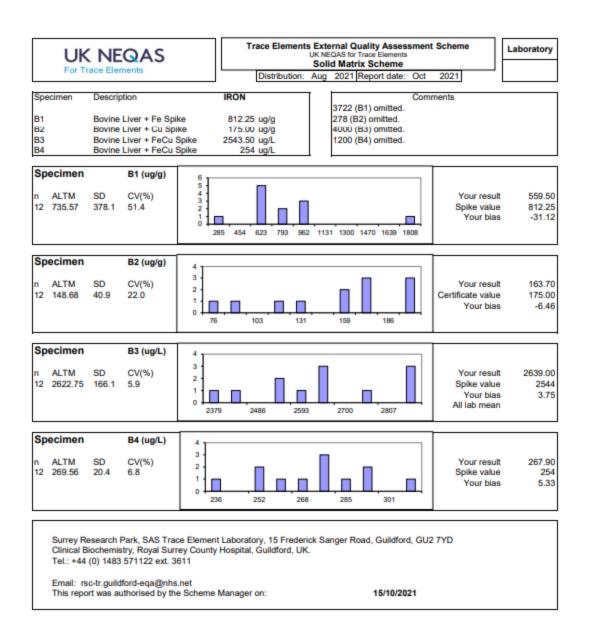








# Appendix 2c: Example of a Report, Solid Matrix Scheme



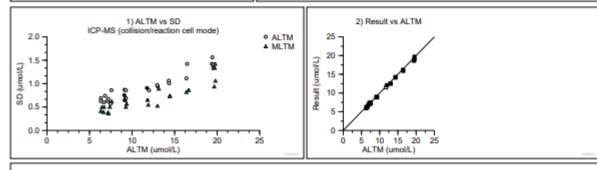
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# Appendix 2d: Example of annual report

UK NEQAS For Trace Elements	UK NEQAS for Trace Eler	Laboratory :	
	Distribution : MAR2025	Date : 31-Mar-2025	Page 1 of 140
To Trace Lielliells	Analyte : Serum Zinc		

		ration (Serum Zinc)	Table 2 - All	•	,				
Distribution	Specimen	Added to base material (umol/L)	Distribution	Specimen	Number	Median	ALTM	SD	cv
APR2024	2024.01	0.00	APR2024	2024.01	73	6.3	6.3	0.7	10.9
APR2024	2024.02	13.76	APR2024	2024.02	73	19.4	19.4	1.4	7.3
MAY2024	2024.03	3.06	MAY2024	2024.03	72	9.3	9.3	0.9	9.2
MAY2024	2024.04	6.88	MAY2024	2024.04	72	13.1	13.0	0.9	7.2
JUN2024	2024.05	0.92	JUN2024	2024.05	74	7.3	7.2	0.7	9.4
JUN2024	2024.06	8.41	JUN2024	2024.06	74	14.4	14.3	1.0	7.0
JUL2024	2024.07	8.41	JUL2024	2024.07	72	14.3	14.3	1.1	7.4
JUL2024	2024.08	3.06	JUL2024	2024.08	72	9.2	9.1	0.9	9.5
AUG2024	2024.09	0.92	AUG2024	2024.09	71	7.2	7.1	0.6	8.8
AUG2024	2024.10	0.00	AUG2024	2024.10	69	6.4	6.3	0.6	9.9
SEP2024	2024.11	6.88	SEP2024	2024.11	72	13.0	12.9	1.0	7.5
SEP2024	2024.12	13.76	SEP2024	2024.12	72	19.5	19.5	1.3	6.8
OCT2024	2024.13	9.94	OCT2024	2024.13	69	16.3	16.4	1.1	6.8
OCT2024	2024.14	5.35	OCT2024	2024.14	69	11.9	12.0	0.9	7.2
NOV2024	2024.15	0.76	NOV2024	2024.15	70	7.5	7.5	0.6	7.6
NOV2024	2024.16	13.00	NOV2024	2024.16	70	19.4	19.5	1.4	7.2
DEC2024	2024.17	0.00	DEC2024	2024.17	75	6.7	6.7	0.6	9.0
DEC2024	2024.18	2.60	DEC2024	2024.18	75	9.3	9.3	0.7	7.5
JAN2025	2024.19	13.00	JAN2025	2024.19	72	19.4	19.4	1.6	8.0
JAN2025	2024.20	0.76	JAN2025	2024.20	72	7.5	7.6	0.9	11.4
FEB2025	2024.21	0.00	FEB2025	2024.21	69	6.8	6.8	0.7	10.9
FEB2025	2024.22	9.94	FEB2025	2024.22	69	16.3	16.5	1.4	8.6
MAR2025	2024.23	5.35	MAR2025	2024.23	75	11.8	11.8	0.9	7.7
MAR2025	2024.24	2.60	MAR2025	2024.24	75	9.1	9.1	8.0	8.3







Result2

8.9 19.0

14.3 6.28

7.34 12.5

18.8

8.9

15.9 7.2

Diff 0.10

> 0.40 0.20

0.38

0.00

0.90

0.10 0.30

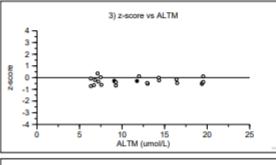
0.30 0.60

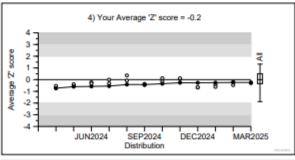
**UK NEQAS** 

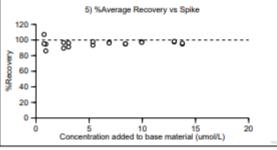
UK NEQAS for Trace Elements Laboratory: Distribution: MAR2025 Date: 31-Mar-2025 Page 2 of 140

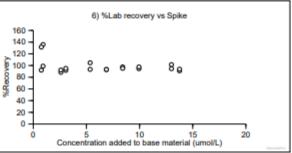
Analyte: Serum Zinc

Table 3 - Ad	curacy - (Se						Table 4 - Consis	tency - (	Serum Zi	nc)
Distribution	Specimen	Specimen Assigned Value	SD	Result	z-score	%spike recovery	Specimens	Pool Assigne value	Result1	R
APR2024	2024.02	19.39	1.42	18.6	-0.5	90.9	2024.03 , 2024.08	9.20	9.0	
MAY2024	2024.03	9.28	0.86	9.0	-0.4	95.1	2024.02 , 2024.12	19.46	18.6	
MAY2024	2024.04	13.01	0.94	12.5	-0.5	93.2	2024.06 , 2024.07	14.33	14.1	
JUN2024	2024.05	7.20	0.67	7.0	-0.3	98.9	2024.01, 2024.10	6.33	5.9	
JUN2024	2024.06	14.35	1.01	14.1	-0.2	95.2	2024.05 , 2024.09	7.16	7.0	
JUL2024	2024.07	14.31	1.06	14.3	-0.0	97.6	2024.04 , 2024.11	12.98	12.5	
JUL2024	2024.08	9.12	0.87	8.9	-0.3	91.8	2024.16 , 2024.19	19.48	19.7	
AUG2024	2024.09	7.12	0.63	7.34	0.4	135.9	2024.18 , 2024.24	9.18	8.8	
SEP2024	2024.11	12.95	0.97	12.5	-0.5	93.2	2024.13, 2024.22	16.44	16.2	
SEP2024	2024.12	19.54	1.33	19.0	-0.4	93.8	2024.15 , 2024.20	7.53	7.5	
OCT2024	2024.13	16.39	1.11	16.2	-0.2	97.6	2024.17 , 2024.21	6.75	6.3	
OCT2024	2024.14	11.99	0.86	12.1	0.1	104.7	2024.14, 2024.23	11.87	12.1	
NOV2024	2024.15	7.48	0.57	7.5	0.0	131.6				
NOV2024	2024.16	19.53	1.41	19.7	0.1	101.5				
DEC2024	2024.18	9.27	0.69	8.8	-0.7	88.5				
JAN2025	2024.19	19.44	1.56	18.8	-0.4	94.6				
JAN2025	2024.20	7.57	0.86	7.2	-0.6	92.1				
FEB2025	2024.22	16.48	1.42	15.9	-0.5	94.6				
MAR2025	2024.23	11.75	0.91	11.5	-0.3	93.5				
MAR2025	2024.24	9.08	0.75	8.9	-0.3	92.3				









UK NEQAS for Trace Elements

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